



## ***2010 Nurses Walk for Health in Tennessee***

The Tennessee Nurses Foundation is spearheading plans for a state-wide *Nurses Walk for Health* event to be held on Saturday, May 1, 2010. This second annual event is held in conjunction with National Nurses Week, which is May 6 - 12. Each TNA District is planning its event and welcomes your participation! The *Nurses Walk* is open to all levels of nursing as well as family and friends of nursing. You do not have to be a TNA member to participate.

Contact the TNA District President in your area or the TNA office at 615-254-0350 for additional information. Visit [www.tnaonline.org](http://www.tnaonline.org) and click on the link to TN Nurses Foundation to access the Walk Waiver Form and other walk-related information. Visit the TNA District Associations page for information on which counties are included in each TNA District.

Given the latest statistics on the overall health of Tennesseans, it is time for nurses in our state to set an example and challenge themselves, their patients and their families to strive for healthier lifestyles. This is one celebration you won't want to miss! We look forward to seeing you there!

### **TNA District Presidents**

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