



New TNA Member Benefit

***Nurse Mentoring Toolkit* Now Available to Hospitals in the State of Tennessee Provided by the Tennessee Nurses Foundation**

The Nurse Mentoring Toolkit is designed for hospital nurses and can be used in new or established mentoring programs. This toolkit includes resources that support mentor program coordinators, mentors and mentees. Best Practices, questions to jump start discussions, resources, checklists and activities are contained in this practical, how-to mentoring guide.

Developed by The Health Alliance of MidAmerica LLC, a limited liability company of the Kansas and Missouri hospital associations, in conjunction with the Collegiate Nurse Educators of Greater Kansas City and the Kansas City Area Nurse Executives, this successful program provides encouragement and support to help nurses navigate the challenges of working in a hospital. **To qualify, the Program Coordinator must be a member of the Tennessee Nurses Association.**

Handouts and Tools are Included for the Mentee.

Areas Covered Include:

- Building Trust
- Establish a Plan
- Setting Goals
- Explore Job Satisfaction, Workplace Engagement and Empowerment
- Understanding Self and Others
- Effective Communication
- Problem Solving
- Time Management
- Leadership and Workplace Dynamics
- Career Development and Understanding the Meaning of Professionalism in Nursing
- Evaluation and Outcomes

The *Nurse Mentoring Toolkit's* products may not be redistributed or recreated in any way. However, handouts in the toolkit may be distributed to mentors and mentees within your hospital.

Complete details available at www.tnaonline.org. Click on the *Tennessee Nurses Foundation* link and then click *Nurse Mentoring Toolkit*. For questions, call 615-254-0350 and ask for Kathryn Denton or email tnf@tnaonline.org.